



Surgical and Medication Abortion Instructions

Surgical Abortion Services:

- Please do not eat or drink for 4 hours before your appointment.
You will not receive conscious sedation if you have had something to eat or drink.
- Please make sure to arrange for transportation home. If you are receiving conscious sedation you must have a ride. If you do not have a ride home you will not receive conscious sedation.
- You may bring one person with you.
- Please do not bring children to this appointment.
- Plan on being at our office for 3-4 hours.
- Please wear comfortable clothing and bring an extra pair of underwear.
- If you take prescribed medication for a medical condition, please take it as directed and let us know what medication you have taken when you arrive for your appointment.

Medication Abortion Services:

- You may bring one person with you.
- Please do not bring children to this appointment.
- Plan on being at our office for 1 1/2 hours.

For All Abortion Appointments:

Supplies to have at home:

Please have sanitary napkins and a thermometer at home. No tampons should be used until after you have your post-abortion follow up appointment. You may need to take your temperature at home.

Protestors:

You may see protestors as you enter the building. By law, they are required to stay on the public sidewalk. They may shout and display false pictures. Please ignore them as you enter the building.

Payment:

If you are using insurance, please remember to bring your insurance card.
If you are not using insurance, we accept cash, money order and credit/debit cards.
We do not accept personal checks.

For any questions about abortion services at Planned Parenthood of Connecticut, please call us toll free at **877-529-3689**.